

# NEWSLETTER OF THE

# 6th European Congress of Aerospace Medicine



A joint meeting of the European Society of Aerospace Medicine, Aerospace Medical Association, the Czech Aeronautical Institute and the Czech Association of Aviation Medicine

Prague, The Czech Republic 20 to 23 September 2018

#### A Note from ESAM

On behalf of ESAM - The European Society of Aerospace Medicine - It is a pleasure for me to announce the sixth European Congress of Aerospace Medicine in the beautiful city of Prague in the heart of Europe. This congress is made possible due to the kind invitation of the Czech Society of Aviation Medicine and the Czech Institute of Aviation Medicine.

Building on the success of the last ECAM congress in Oslo, Norway, we again have been fortunate to be able to team up with Aerospace Medical Association for this congress. The Organisation Committee is already working intensively to find the ideal venue in Prague, finding the best trade-off between the interest of reasonable pricing and localities that will be both efficient and memorable.

We hope to bring together a solid base of participation from neighbouring countries and Europe as well as participation from other parts of the world. We wish again to organise a European conference bringing together a diversity of science and new ideas, continuing our ECAM "brand" fuelling active participation and discussions. Hope to see you in Prague in 20-23 September 2018!

Anthony S. Wagstaff President, ESAM

## From the AsMA Executive Director

As a result of the highly successful 5th ECAM held in Oslo, Norway in September 2016, the Aerospace Medical Association (AsMA) is pleased to continue our joint sponsorship with the European Society of Aerospace Medicine (ESAM) and the Czech Association of Aviation Medicine (CZAAM) of the 6th European Congress in Aerospace Medicine (6th ECAM). We are excited to be working with our ESAM and CZAAM colleagues to bring a high quality Aerospace Medicine Congress to Europe.

We hope many of our AsMA members that have not had the opportunity to attend one of our Annual Scientific Meetings in North America will be able to attend the 6th ECAM in Prague, Czech Republic. Mark your calendars and save the dates...September 20-23, 2018. Join us in beautiful Prague for an exciting continuing medical education event!

*Jeffrey C. Sventek Executive Director, AsMA* 

#### Welcome from the CZAAM

Welcome to Prague, one of the most beautiful capitals in the central Europe!

It is a great pleasure for the Czech Association to welcome you to this joint conference arranged by three organisations: ESAM, AsMA and CZAAM!

The 6th European Congress of Aerospace Medicine wants to continue the great success from Oslo 2016, co-arranged by Aerospace Medical Association from North America.

The congress will take place at the spectacular Narodni dum in Vinohrady, close to historical centre of Prague.

It is a great honour for us to host this great event that will take place in Prague in the autumn of 2018.

Looking forward to seeing you in Prague!

Oldrich TRUSKA President, CZAAM

## The ECAM 6 Organising Committee Report

Greetings from the Organising Committee of ECAM 2018. We have been working away quietly on this project since it was first proposed earlier this year. We have two representatives from ESAM, Lars Tjensvoll an myself (as chair), for AsMA we have Roland Vermeiren and Andy Bellenkes, and for the Czech team we have Petr Chmatal and Oldrich Truska. With this team we have great local knowledge and experience along with people who were key to the success of the Oslo ECAM.

Guided by our recent experiences, we contracted the services of Walt Galanty and his team to act as the conference facilitators, calling on their years of experience working with AsMA to organise their annual conferences. We know that this will maximise the efficiency and effectiveness in organising the ECAM.

To date we have signed the contracts for the ECAM venue and are now at the final stages of setting the contract for the Gala dinner.

We have been greatly assisted by people who bring their experience and skills to the table. This venture could never be the produce of one person and requires a great deal of work and skill from many sources.

We hope that ECAM 2018 will prove to be a very valuable product that will be enjoyed and benefited by all those who will attend.

For now, Slán, Declan.

Declan Maher, First Vice President, ESAM. Organising Committee Chair



#### Scientific Program Committee Report

#### Theme: Trust & Care in Aviation Safety

The Scientific Program Committee will issue a first draft program which would be sent to the committee members. We are trying to create a program that will be of interest to a wide range of aerospace professionals, as well as other with an interest.

As we work together to defend the specialty for which we share a passion, and which will bring us together in Prague to help demonstrate the contribution we make to flight safety.

We are proposing to have sessions comprising invited speakers on specific topics, presentation of relevant abstracts, and panel discussions comprising invited speakers, abstract presenters and other experts.

The submission of abstracts will start earlier than presenters are accustomed to, likely to be later in 2017, and all topics will be welcomed but we would particularly welcome abstracts on the following:

- Preventive health.
- Psychosocial wellbeing.

- Psychological/Mental Health assessments.
- UAV operations, particularly health aspects for operators.
- Physiological/psychological aspects of space flight, including passenger travel
- The challenges of in-flight disorientation.
- The limitations of regulation in a rapidly changing health environment.
- Topic in military aviation including the differences between military and civilian operations.

Dr Anthony WAGSTAFF Chairman, S&P Committee ECAM 6

#### **Congress Venue**

The 6<sup>th</sup> ECAM will be held in the Neo-Renaissance styled National House of Vinohrady. "Built in 1894, it is located on Namesti Miru, a city square in the centre of Prague, close to Wenceslas Square, the main railway station and the D1 motorway. It is only thirty minutes by car from Prague international airport and is also easily accessible by public transport."





Photos and text adapted from: http://www.nardum.cz/en/halls/national-house-of vinohrady/

# Gala Dinner

As per tradition, the 6<sup>th</sup> ECAM program will include a gala dinner to be held on the evening of 22 September. This special event will be held at the *Francouzská restaurace Art Nouveau* in Prague's Municipal House which is located close to Prague's historic district.



https://www.francouzskarestaurace.cz/en/about-restauran/

Said to be one of the loveliest Art Nouveau-style restaurants in Europe, the Francouzská has received culinary critical acclaim from such prestigious guides as Gault & Millau.

Francouzská provides an historic and elegant and setting for the 6th ECAM gala dinner. Seating is limited, so it is highly recommended that you make your reservations at attend as early as possible.

## Continuing Medical Education Credit Points

For US physician members of AsMA living outside of the United States, the 6<sup>th</sup> ECAM will be offering AMA PRA Category 1 Credits<sup>TM</sup> to help meet your Continuing Medical Education (CME) requirements. More information related to CME credits for US physicians will be provided in future newsletters.

Information about credit points for Czech and European physicians will be provided in the next Newsletter.

#### **Abit about Prague**

Source: http://www.prague.eu/en/practical

"The Czech Republic is an important tourist destination. It offers visitors not only a multitude of historical landmarks but also diverse natural sites: mountains, ponds, caves and spas with mineral springs. The capital city of Prague is one of the most beautiful cities in the world, with unforgettable atmosphere of a metropolis whose history spans a millennium. Other regions of the country, not just the capital, also offer countless museums, galleries and landmarks.

The Czech Republic and its capital offer many protected cultural monuments, cities and villages.

Some basic information about Prague:

- Capital of the Czech Republic (EU member since 2004): 1,259.079 residents

- Currency: Czech koruna (CZK)

- Airport: Václav Havel Airport Prague, 30 minutes to downtown, www.prague.aero

- Distances: Berlin 350 km, Vienna 330 km, Budapest 530 km, Krakow 540 km Time: Central European Time (GMT+1);
Central European Summer Time +1
(GMT+2)

Climate: temperate, average annual temperature 9.0 °C; summer average 19.0 °C; winter average -0.9 °C

- Electrical voltage: 230 V
- National dialing code of the Czech Republic: +420
- The Vltava River flows through the city for 31 km; maximum width 330 m
- Historical centre: Castle District (Hradčany), Lesser Town (Malá Strana), Old Town (Staré Město), New Town (Nové Město) and Vyšehrad

The historical centre of Prague, which covers an area of 866 hectares, has been listed in the UNESCO World Cultural and Natural Heritage Register since 1992."

#### **Exchange Rate**

As of this writing the exchange rate is 25 CZK (Czech crown) per 1 €. and 22 CZK per 1 US \$. Updated information in the next newsletter.



www.krasyprirody.cz/Praha/



#### Please visit <u>http://ecam2018.esam.aero</u> , <u>http://www.ulz.cz/ecam2018/</u> or our Facebook page at *6th ECAM 2018* for more details.

The 6th ECAM will certainly be an exciting and historic occasion that no aerospace medicine and human performance specialist will want to miss. Therefore please feel free to forward this newsletter to all colleagues and friends!

#### Next Newsletter in November!

Looking forward to seeing you in Prague!